What You Can Recycle in Your Recycling Bin

	You Can Recycle	Please Remember
	Tins and Cans including:• Food Tins• Sweet/biscuit tins• Metal lids• Drinks Cans	Rinse tins and cans Tip – labels can be left on
	Glass including: • Glass bottles • Glass jars	Rinse bottles and jars Tip – labels can be left on. Jar lids can be kept on or put in the silver bin seperately
	All plastic bottles including: • Drinks bottles/milk/juice bottles • Detergent and fabric conditioner bottles • Cleaning/bleach/toiletry bottles Plastic containers and tray including: • Margarine/ice cream tubs/yoghurt pots • Fruit/vegetable punnets • Plastic trays e.g meat/fish/cake trays • Soup/sauce pots, egg boxes • All empty plastic bags/carrier bags/film	Rinse bottles, trays and containers <i>Tip- Plastic bottles should be squashed and</i> <i>tops replaced, but labels can be left on.</i> Polystyrene, plant pots and hard rigid plastics cannot be recycled
Ø	All empty steel and aluminium aerosols	Remove plastic lids if detachable and put in the recycling bin seperately Aerosols containing hazardous liquids or gases are not accepted e.g paint sprays
	 All paper including: Newspapers/magazines Telephone directories/Yellow Pages Catalogues/brochures Junk mail/leaflets/Greeting Cards Envelopes/Shredded paper Wrapping paper and clean paper bags All cardboard including: Cereal boxes/ready meal boxes Corrugated/Thick cardboard Egg boxes/kitchen/toilet roll tubes 	Remove plastic wrappers off magazines and put in the recycling bin seperately. Greetings cards or wrapping paper with glitter cannot be recycled Please flatten all cardboard
	Cartons including: • Milk/juice/smoothie cartons • Fabric conditioner cartons • Soup/chopped tomatoes cartons • Custard cartons	Rinse cartons Tip – please squash cartons, plastic spouts can be left on
the way	 Clean aluminium foil Clean foil trays 	Rinse foil



For more information visit: www.cheshireeast.gov.uk/recycling